

Daycare Menu 2020

Day	1	2	3	4	5
Lunch	Chicken Chop Suey (C) Rice (S)	Vegetables quiche Salad and Italian dressing	Chicken with mushroom (C) Rotini (S)	Shepherd's Pie	Vegetarian Spanish (C) Rice (S)
Day	6	7	8	9	10
Lunch	Italian beef meatballs (S) Vegetable puree (C)	Chicken Supreme (C) Fusilli (S)	Italian fish (C) Rice (S)	Tex-Mex Chile (T) Tortilla	Two cheeses and vegetables Macaroni
Day	11	12	13	14	15
Lunch	Beef with vegetables (C) and Potatoe (S)	Zucchini and three cheeses quiche Traditional coleslaw	Italian Chicken (C) Cavatappi (S)	Asian beef stir-fried (C) Rice (S)	Oriental vegetarian (C) Couscous (S)
Day	16	17	18	19	20
Lunch	Penne (S) Bolognese sauce (C)	Chicken pot pie Creamy coleslaw	Tilapia fillet with lemon sauce (S) Rice with vegetables (C)	Chicken noodle soup (T) Melba cracker	Multicultural special of the month

The AM Snack is delivered the previous day

(S) = simple, use the green scoop for one portion

(C) = combined, use the ladle for one portion

(T) = trio, use the green scoop and the ladle for one portion